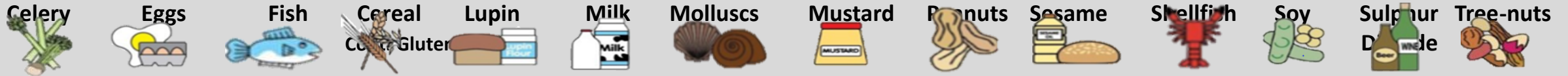


HRC EDINBURGH – Allergen list



Please ensure you inform a team member of your allergen needs ahead of ordering.

The Allergy data has been collected and derived from the specifications obtained from our suppliers. This information is specific to the **MAJOR 14 allergens**.



Known allergens have been marked with a **Y** but where we have manufactures notifications of products that ‘may contain’ due to manufacturing have been marked with a **M/C** and some items may be marked as **CC** as there might be chances of cross contamination.- This data is provided to allow you to make an informed choice.

We advise that you choose an item entirely free a known allergen. Where the allergen is marked, the dish ‘*may*’ be modified to help remove an allergen or ingredient, but this is not always the case. If you need help choosing a dish please speak to one of our managers.

** Please be advised that our kitchen uses and prepares foods containing the 14 common allergens. Cross-contamination may occur, so we recommend that customers with severe allergies speak with a manager, before ordering, to ensure the safety of their meal*

HRC EDINBURGH – Allergen list



<u>Starters & Shareable:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hard Rock Nachos						Y		Y					Y	
Hard Rock Nachos w/ grilled chicken				CC		Y		Y					Y	
Hard Rock Nachos w/ grilled beef				W		Y		Y				Y	Y	
One Night in Bangkok Spicy Shrimp™		Y		B/W		Y		Y	MC		Y	Y	Y	
Smoked Chicken Wings - Classic	Y	Y		CC		Y		Y			CC		Y	
Smoked Chicken Wings – Hickory BBQ	Y	Y		CC		Y		Y			CC		Y	
Smoked Chicken Wings – Tangy sauce	Y	Y		CC		Y		Y			CC		Y	
Star Dust Wings	Y	Y		CC		Y		Y			CC		Y	
Wings Gochujang	Y	Y	MC	W		Y	MC	Y		Y	CC	Y	Y	
Tupelo Dippers		Y		W		Y		Y	MC		CC		Y	MC

*Cereal cont. Gluten. **B** = Barley. **W** = Wheat. **MC** = May Contain

HRC EDINBURGH – Allergen list



<u>Legendary Burgers</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Original Legendary Burger with Fries	Y	CC		W		Y		MC	MC		CC	MC		MC
BBQ Bacon Cheeseburger with Fries	Y	CC		W		Y		Y	MC		CC		Y	MC
Spicy Diablo Burger & Fries	Y	Y		W		Y		Y	MC			Y	Y	MC
Classic Smash Burger & Fries	Y	Y		W		Y		Y	MC				MC	MC
Legendary Smash Burger	Y	Y		W		Y		Y	MC				Y	MC

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **O** = Oat **W** = Wheat. **MC** = May Contain

HRC EDINBURGH – Allergen list



<u>Sandwiches</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Honey Mustard Grilled Chicken Sandwich	Y	Y		W		Y		Y	MC				MC	MC
BBQ Pulled Pork Sandwich	Y	Y		W		Y		Y	MC		CC		Y	MC
Messi Chicken Sandwich		Y		W		Y		Y	MC		CC			MC
<u>Burger Subs</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Onion Rings (no sauces)		CC		W		CC		MC			CC	MC		
Bacon														
Cheese & Bacon Fries		Y				Y		Y						
Moving Mountain Patty				B/W/O								Y		

*Cereal cont. Gluten. **R** = Rye. **W** = Wheat. **MC** = May Contain

HRC EDINBURGH – Allergen list



<u>Salads</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Caesar Salad		Y	Y	B/W		Y		Y	MC				Y	MC
Cobb Salad	Y	Y		Y		Y		Y			cc	Y	Y	
Southwest Bowl	Y	Y		CC		Y		Y					Y	
Side Caesar Salad		Y	Y	B/W		Y		Y	MC				Y	MC
Side House Salad (NO dressing)				W		Y								
<u>ADD ON for Salads</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Steak				W								Y		
Chicken	Y													
Salmon			Y											

*Cereal cont. Gluten. **B** = Barley. **W** = Wheat. ***MC** = May contain

HRC EDINBURGH – Allergen list



*Cereal cont. Gluten. **B** = Barley. **W** = Wheat.

*MC = May contain

[illegible]

HRC EDINBURGH – Allergen list



*Cereal cont. Gluten. **W** = Wheat



<u>Speciality Entrees</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hickory Smoked Ribs	Y	Y						Y					Y	
Tupelo Chicken Tenders (with Fries & sauce)		Y		W		Y		Y	MC		CC		Y	MC
NY Strip Steak	CC			CC		Y							Y	
Famous Fajitas (with set, ALL incl. Veggie)				W		Y						Y		
Twisted Mac, Chicken and Cheese	Y			W		Y		Y	MC					MC
Hickory Smoked Chicken	Y	Y						Y					Y	
Smokehouse BBQ Duo – Pork & Chicken	Y	Y		W				Y			CC		Y	
Grilled Salmon	Y		Y	CC		Y		Y				Y	Y	

HRC EDINBURGH – Allergen list



<u>Subs & Side Items</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Sub House Salad (no dressing)				W		Y								
Sub Caesar Salad		Y	Y	B/W		Y		Y	MC				Y	MC
Side Twisted Mac and Cheese				W		Y		Y	MC					MC
Breaded Onion Ring (side)	Y	Y		Y		Y		Y			CC	Y	Y	
Fresh Seasonal Vegetables						Y								
Side Cheese & Bacon Fries		Y				Y		Y						
Seasoned French Fries														
Side Golden Mashed Potatoes						Y								
Side Guacamole														

*Cereal cont. Gluten. **B** = Barley. **W** = Wheat. ***MC** = May contain

HRC EDINBURGH – Allergen list



* Cereal con Gluten. **R** = Rye. **W** = Wheat



Kids Meals	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Messi Kids Golden VEGETARIAN SANDWICH	Y	Y		W		Y		Y	MC		CC	Y		MC
Messi X Kids VEGETARIAN Cheeseburger	Y			W/B		Y		Y	MC			Y		
Messi X- Burger	Y	Y		W		Y		Y	MC					MC
Kids Hot Dog	Y			W		Y			MC			Y		MC
Kids Bacon CB	Y			W		Y			MC					MC
Kids Chicken Breast	Y			CC		Y								
Kids Vegetarian Grilled Chicken Breast	Y			W		Y								
Kids Mac & Cheese				W		Y		Y						
Kids Twisted N’ Tasty Pasta				w		Y								
Kids Chicken Salad				CC		Y								
Kids Vegetarian Chicken Salad				W		Y								
Kids Chicken Tenders	Y	Y		W		Y		Y	MC		CC		Y	MC
Kids Vegetarian Chicken Tenders	Y	Y		W		Y		Y	MC		CC		Y	MC
Kids Messi Pizza				W		Y								
Kids Messi Pepperoni Pizza				W		Y								
Kids – Golden Mashed Potatoes						Y								
Kids - Seasonal Vegetables	Y					Y							Y	

HRC EDINBURGH – Allergen list



*Cereal cont. Gluten. W = Wheat.
O= Oat



<u>Desserts & Kids Desserts</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hot Fudge Brownie		Y		W		Y						Y	Y	MC
Apple Cobbler		Y		W		Y								MC
Hot Fudge Sundae		Y				Y						Y	Y	MC
Ice Cream, Chocolate		Y				Y								MC
Ice Cream, Vanilla		Y				Y								MC
Classic Cheesecake (Strawberry)		Y		O/W		Y			MC			Y		MC
Classic Shakes		Y				Y								MC
Kids Thick Chocolate Shake		Y				Y								MC
Kids Hot Fudge Sundae		Y				Y							Y	MC
Cola Float		Y				Y								MC
Kids Thick Vanilla Shake		Y				Y								MC

HRC EDINBURGH – Allergen list



<u>Cocktails</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Passion Fruit Mai Tai													Y	Y
Tiki Royale														
Zombie													Y	
Margarita Rita	Y													
Pineapple Coconut Mojito													Y	
Classic Caribbean Mojito														
Tropical Margarita													Y	
Ultimate LIT														
Electric Blues														
Bahama Mama														
Hurricane													Y	Y

* A = Almond * C = Coconut

HRC EDINBURGH – Allergen list

[illegible]

HRC EDINBURGH – Allergen list

[illegible]

HRC EDINBURGH – Allergen list



<u>Draft Beer</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Stella Artois				B										
Budweiser				B									Y	
Camden Pale Ale				B/W										
Lowenbrau				B/W										
Corona				B										
Camden Ease IPA				B/W										
Stewart’s Lager														
Koperberg Crisp Apple													Y	

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

HRC EDINBURGH – Allergen list



<u>Bottle Beer</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Beck's				B										
Corona				B										
Budweiser				B										
Magners Original Cider													Y	
Magners dark Fruit Cider				B									Y	
Corona Cero (Non-Alcoholic)				B										
Stewart's Edinburgh Gold														
Hoegarden				B/W										

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

HRC EDINBURGH – Allergen list



<u>Wine</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Da luca Proseco													Y	
Galanti													Y	
Louis Dornier Brut Imperial													Y	
Moet & Chandon Brut Imperial													Y	
Talevera Blanco													Y	
Bespoke Chenin Blanc													Y	
Da Luca Pinot Grigio													Y	
Pulpo Sauvignon Blanc													Y	

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

HRC EDINBURGH– Allergen list



<u>Wine</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
													Y	
Hampton Water Rose													Y	
Wicked Zinfandel													Y	
Talavera Tinto													Y	
Solandia Nero D'avola													Y	
Lunaris Malbec													Y	
Whispering Hills Merlot													Y	
Gerard Bertrand Organic Merlot													Y	
Between Thorn Shiraz													Y	

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

HRC EDINBURGH – Allergen list



<u>Soft Drinks</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Americano coffee														
Cappuccino						Y								
Latte						Y								
Iced Tea														
Hot Chocolate		Y		Y		Y						Y		
Draught sodas														

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

HRC EDINBURGH – Allergen list



<u>FAB 4 LTO</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Headliner Combo	Y	Y		Y		Y		Y	MC		CC	MC	Y	MC
Hibiscus Yuzu Lime													MC	
Tropical Getaway													MC	
Blackberry Kiss													MC	

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HRC EDINBURGH – Allergen list



<u>PINKTOBER</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Pinktober Power Bowl			Y	Y		Y		Y					Y	
Hibiscus Pink Rita													MC	
Berry Lychee Splash													MC	

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

HRC EDINBURGH – Allergen list



<u>Brunch Menu</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Smashed Beef Hash with Poached Eggs		Y	Y	MC		Y		Y						
The Classic- Bacon and Eggs		Y		W										
Salmon and Quinoa Power Bowl	MC	Y	Y			Y						Y	MC	
Chicken and Waffle		Y		W		Y							MC	
Brunch Smash Burger		Y		W		Y		Y	MC				MC	
Vegendary Hash		Y						MC					MC	
French Toast		Y		W		Y								
Poached Egg with Avocado		Y		W										
Kids Belgian waffle		Y		W		Y								

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

Catering – Information & Allergens



You should always inform us, when ordering, if you or any member of your party has ANY allergen needs.

The Allergy data supplied has been collected and derived from the specifications obtained from our suppliers.

This information is specific to 14 MAJOR allergens:



This data is provided to allow YOU to make an informed choice.

Please remember:

HOT FOOD should be eaten HOT, never re-heated and consumed within 4 hours of delivery.

COLD FOOD should be consumed within 4 hours of delivery.

Please contact the café if you have ANY allergen or dietary needs.



Catering – Allergen list



<u>Menu:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Burger Bar Bundle	Y	Y		W		Y		Y			CC		Y	M/C
The Big Cheeseburger Bundle	M/C	Y		W		Y		Y				Y	Y	M/C
Smokehouse BBQ Bundle	Y	Y		W		Y		Y					Y	
Wings Bundle	Y	Y		CC		Y		Y					Y	
Build your own Nacho Bundle	Y					Y		Y					M/C	
Black Bean Soup	M/C												M/C	
Tomato Soup	M/C	M/C		M/C		Y		M/C				M/C		
Caesar Salad		Y	Y	W/B		Y		Y	M/C				Y	M/C
Blue Cheese chopped Salad		CC		Y		Y		Y			CC		M/C	
House Salad				W		Y								

*Cereal cont. Gluten. **B** = Barley. **M** = Malt **W** = Wheat. ***M/C** = May Contain

Catering – Allergen list



<u>Menu:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
- Blue Cheese Dressing		Y				Y		Y						
- Caesar Dressing		Y	Y	B		Y		Y	M/C				Y	M/C
- Honey Mustard Dressing		Y						Y						
- Oil and Vinegar													Y	
- Sesame Soy Dressing				W						Y		Y	Y	
- Legendary Sauce	Y	Y						Y						
- Spicy Mayonnaise		Y						Y				Y	Y	
- Dijonnaise		Y						Y						
- Herb Aioli		Y						Y						
- Buffalo Sauce														
- Signature BBQ Sauce	Y							Y					Y	
- Garlic Aioli		Y						Y						
- Ranch Dressing		Y				Y		Y						

*Cereal cont. Gluten. **B** = Barley. **M** = Malt **W** = Wheat. ***M/C** = May Contain

Catering – Allergen list



<u>Menu:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Famous Fajita Bundle – Sets & Side items	Y			B/W/O		Y		Y				Y	M/C	
- Fajita Beef				W								Y	M/C	
- Fajita Chicken				W								Y	M/C	
- BBQ Chicken	Y							Y					Y	
- Fajita Onions & Peppers				W								Y		
- Moving Mountains (meat alternative)				B/W/O								Y		
Smokehouse Beans	Y							Y					M/C	
Cilantro Rice														
Corn Chips	Y												M/C	
Coleslaw	Y	Y		M/C B&M				Y					M/C	

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