

LONDON OLD PARK LANE – Allergen list



Please ensure you inform a team member of your allergen needs ahead of ordering. This will allow us to take every precaution, in our kitchen, to handle your allergen needs correctly and prevent cross contamination.

The Allergy data has been collected and derived from the specifications obtained from our suppliers. This information is specific to the MAJOR 14 allergens:



This data is provided to allow you to make an informed choice.

Some of our dishes ‘*may*’ be modified to help remove an allergen, or ingredient, but this is not always the case. If you need help choosing a dish please speak to one of our managers.

**Please note that due to the nature of cooking our deep fried products cannot be guaranteed to be free from cross contamination with other allergens. If you are unsure which of our products go through the deep fryer please ask a member of our staff.*

LONDON OLD PARK LANE – Allergen list



<u>Starters & Shareable:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hard Rock Nachos						Y		Y					Y	
HRC Nachos with Chicken						Y		Y					Y	
HRC Nachos with Beef				Y-W		Y		Y				Y	Y	
One Night in Bangkok Spicy Shrimp		Y		Y-W/B		Y		Y			Y	Y	Y	
Smoked Chicken Wings – Classic Sauce	Y	Y				Y		Y					Y	
Smoked Chicken Wings – BBQ Sauce	Y	Y				Y		Y					Y	
Smoked Chicken Wings – Tangy Sauce	Y	Y				Y		Y					Y	
Smoked Chicken Wings – Gochujang Sauce	Y	Y		Y-W		Y		Y		Y		Y	Y	
Smoked Chicken Wings – Stardust	Y	Y				Y		Y					Y	
Breaded Tupelo Dippers (sauce NOT included)	Y	Y		Y-W		Y							Y	

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

LONDON OLD PARK LANE – Allergen list



<u>Starters & Shareable (cont):</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

LONDON OLD PARK LANE – Allergen list



<u>Legendary Burgers:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Original Legendary w/ Fries	Y	Y		Y-W		Y		M/C				Y		
BBQ Bacon Cheeseburger w/ Fries	Y	Y		Y-W		Y		Y				Y	Y	
Moving Mountains Burger w/ Fries	Y	Y		Y-W/B/R		Y		M/C				Y		

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

LONDON OLD PARK LANE – Allergen list



<u>Smashed & Stacked Burgers:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Classic Smash Burger w/ Fries	Y	Y		Y-W		Y		Y				Y	M/C	
Legendary Smash Burger w/ Fries	Y	Y		Y-W		Y		Y				Y		
Spicy Diablo Burger w/ Fries	Y	Y		Y-W		Y		Y				Y	Y	

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

LONDON OLD PARK LANE – Allergen list



<u>Legendary Burger Subs & Upgrades:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Onion Rings				Y-W				M/C				M/C		
Bacon														
Cheese & Bacon Fries		Y				Y		Y						
Moving Mountains Patty				Y-BWO								Y		

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

LONDON OLD PARK LANE – Allergen list



<u>Sandwiches:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Messi Chicken Sandwich w/ Fries		Y		Y-W		Y		Y				Y		
BBQ Pulled Pork Sandwich w/ Fries	Y	Y		Y-W		Y		Y				Y	Y	
Grilled Chicken Sandwich w/ Fries	Y	Y		Y-W		Y		Y				Y	M/C	

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

LONDON OLD PARK LANE – Allergen list



<u>Salad Dressings & Fry Dips</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Caesar Salad		Y	Y	Y-W/B		Y		Y	M/C			Y	Y	M/C
- With Chicken		Y	Y	Y-W/B		Y		Y	M/C			Y	Y	M/C
- With Beef		Y	Y	Y-W/B		Y		Y	M/C			Y	Y	M/C
- With Salmon		Y	Y	Y-W/B		Y		Y	M/C			Y	Y	M/C
Cobb Salad		Y		Y-W		Y		Y						
- With Chicken		Y		Y-W		Y		Y						
- With Beef		Y		Y-W		Y		Y				Y	Y	
- With Salmon		Y	Y	Y-W		Y		Y						
Southwestern Bowl		Y				Y		Y					M/C	
- With Chicken		Y				Y		Y					M/C	
- With Beef		Y		Y-W		Y		Y				Y	M/C	
- With Salmon		Y	Y			Y		Y					M/C	

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

LONDON OLD PARK LANE – Allergen list



<u>Salad Dressings & Fry Dips:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Gochujang Sauce	Y			Y-W				M/C	M/C	Y		Y		
Blue Cheese Dressing		Y				Y		Y						
Caesar Dressing		Y	Y	Y-B		Y		Y	M/C					
Honey Mustard Dressing		Y						Y						
Oil and Vinegar													Y	
Legendary Sauce	Y	Y						Y						
Spicy Mayonnaise		Y						Y				Y	Y	
Herb Aioli		Y						Y						
Buffalo Sauce														

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

LONDON OLD PARK LANE – Allergen list



<u>Salad Dressings & Fry Dips (cont):</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Signature BBQ Sauce	Y							Y					Y	
Garlic Aioli		Y						Y						
Ranch Dressing		Y				Y		Y						

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

LONDON OLD PARK LANE – Allergen list



<u>Speciality Entrees:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hickory Smoked Ribs w/ Fries	Y	Y		MC BM				Y					Y	
NY Strip Steak		Y		Y-W		Y		Y						
Famous Fajitas w/ Chicken				Y-W		Y		Y				Y	M/C	
Famous Fajitas w/ Beef				Y-W/B		Y		Y				Y	M/C	
Famous Fajitas w/ Vegetables				Y-W		Y		Y				Y	M/C	
Twisted Mac & Cheese				Y-W		Y		Y						
Hickory Smoked BBQ Chicken w/ Fries	Y	Y		M/C				Y					Y	
Smokehouse BBQ Duo – Ribs & Pork w/ Fries	Y	Y		Y-W				Y					Y	

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

LONDON OLD PARK LANE – Allergen list



<u>Speciality Entrees (cont):</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Smokehouse BBQ Duo – Pork & Chicken w/ Fries	Y	Y		Y-W				Y					Y	
Smokehouse Trio Combo w/ Fries	Y	Y		Y-W				Y					Y	
Grilled Salmon w/ Mashed Potatoes			Y			Y		Y				Y	Y	
Grilled Salmon w/ Fries			Y			Y		Y				Y	Y	
Tupelo Chicken Tenders w/ Fries	Y	Y		Y-W		Y		Y					Y	

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

LONDON OLD PARK LANE – Allergen list



<u>Side Items:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Sub/Side House Salad (no dressing)				Y-W		Y								
Sub/Side Caesar Salad		Y	Y	Y-BW		Y		Y	M/C			Y	Y	M/C
½ Rack BBQ Ribs	Y							Y					Y	
Seasoned French Fries														
Side Twisted Mac & Cheese				Y-W		Y		Y						
Onion Ring (side)				Y-W				M/C				M/C		
Breaded Onion Ring Tower (full service)	Y	Y		Y-W		Y		Y				Y	Y	
Side Queso Cheese						Y		Y						

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

LONDON OLD PARK LANE – Allergen list



<u>Side Items (cont):</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Side Golden Mashed Potatoes						Y								
Side Guacamole														
Side Cheese & Bacon Fries		Y				Y		Y						
Fresh Seasonal Vegetables						Y								

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

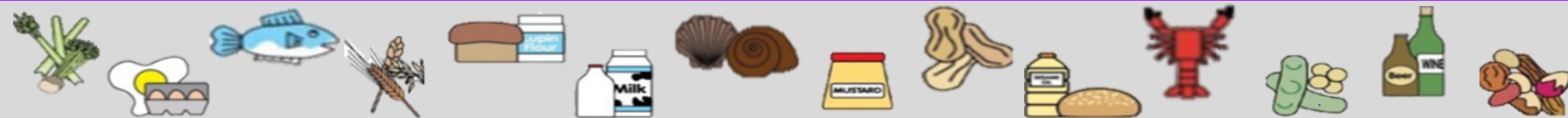
LONDON OLD PARK LANE – Allergen list

[illegible]

LONDON OLD PARK LANE – Allergen list

[illegible]

LONDON OLD PARK LANE – Allergen list



<u>Desserts & Beverages</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hot Fudge Brownie		Y		Y-W		Y						Y		M/C
Seasonal Fruit Cobbler		Y		Y-W		Y								M/C
Classic Cheesecake		Y		Y-W		Y			M/C			Y		M/C
Hot Fudge Sundae		Y				Y						Y		M/C
Ice Cream, Chocolate		Y				Y								M/C
Ice Cream, Vanilla		Y				Y								M/C
Chocolate Cake		Y				Y								M/C
Vanilla Shake		Y				Y								M/C
Cappuccino						Y								
Espresso														
Latte						Y								

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

LONDON OLD PARK LANE – Allergen list



<u>Brunch 2026</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Smashed Beef Hash w/ poached egg		Y	Y	M/C-B/M		Y		Y						
The Classic – Bacon and Eggs		Y		Y-W										
Salmon and Quinoa Power Bowl	M/C	Y	Y									Y	M/C	
Chicken and Waffle		Y		Y-W		Y							M/C	
Brunch Smash Burger		Y		Y-W		Y		Y					M/C	
Vegedary Hash		Y						M/C					M/C	
French Toast		Y		Y-W		Y								
Poached Egg w/ Avocado		Y		Y-W										
Kids Belgian Waffle		Y		Y-W		Y								

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat. **M/C** = May Contain

LONDON OLD PARK LANE – Allergen list



<u>LTO Fab Four</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Nacho						Y		Y					Y	
Wings	Y							Y					Y	
Tupelo Chicken Tenders		Y		Y-W		Y		MC					Y	
Onion Rings		Y		Y-W										
Ribs	Y	Y		MC				Y					Y	
Honey Mustard		Y						Y				MC		
BBQ Sauce	Y							Y					Y	
Buffalo Wing Sauce													Y	

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat. **M/C** = May Contain

LONDON OLD PARK LANE – Allergen list



<u>PINKTOBER</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
	N	N	Y	Y	N	Y	N	Y	N	N	N	N	Y	N
SALMON	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
LEMON WHIPPED FETA	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
QUIONA/FARRO MIX	N	N	N	Y	N	N	N	N	N	N	N	N	N	N
LEMON VINIGRETTE	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
PICKLED RED ONION	N	N	N	N	N	N	N	N	N	N	N	N	Y	N
PICKLED ONION BRINE	N	N	N	N	N	N	N	N	N	N	N	N	Y	N
ARUGULA	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SEED MIX	N	N	N	N	N	N	N	N	N	N	N	N	N	N
WATERMELON RADISH QUARTER	N	N	N	N	N	N	N	N	N	N	N	N	N	N
ROASTED BEETS	N	N	N	N	N	N	N	N	N	N	N	N	N	N

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.