

Munich – Allergen list



Please ensure you inform a team member of your allergen needs ahead of ordering. This will allow us to take every precaution, in our kitchen, to handle your allergen needs correctly and prevent cross contamination.

The Allergy data has been collected and derived from the specifications obtained from our suppliers. This information is specific to the MAJOR 14 allergens:



This data is provided to allow you to make an informed choice.

Some of our dishes ‘*may*’ be modified to help remove an allergen, or ingredient, but this is not always the case. If you need help choosing a dish please speak to one of our managers.

**Please note that due to the nature of cooking, our deep fried products cannot be guaranteed to be free from cross contamination with other allergens. If you are unsure which of our products go through the deep fryer please ask a member of our staff.*

**October 1st, 2026*

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<u>BRUNCH</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Smashed Beef Hash with Poached Eggs	Y	Y	Y	MC		Y		Y						
The Classic – Bacon and Eggs	Y	Y		W				Y					MC	
Salmon and Quinoa Power Bowl	Y	Y	Y			Y		Y				Y	MC	
Chicken Waffles		Y		W		Y							MC	
Brunch Smahed Burger	Y	Y		W		Y		Y					MC	
Vegedary Hash		Y						MC					MC	
French Toast		Y		W		Y								
Poached Egg with Avocado		Y		W										
Kids Belgian Waffles		Y		W		Y								

*Cereal cont. Gluten. **B** = Barley. **W** = Wheat. **MC** = May Contain **Y** = “yes”

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<u>Pinktober</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Pinktober Power Bowl			Y	Y		Y		Y					Y	

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<u>FAB 4 LTO</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Headliner Combo	Y	Y		Y		Y		Y	MC			MC	Y	MC
Hibiscus Yuzu Lime													MC	
Tropil Gateway													MC	
Blackberry Kiss													MC	

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<u>Starters & Shareable:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lu pin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hard Rock Nachos				MC - W		Y		Y					Y	
Hard Rock Nachos w/ grilled chicken				MC - W		Y		Y					Y	
Hard Rock Nachos w/ grilled beef				W		Y		Y				Y	Y	
One Night in Bangkok Spicy Shrimp™		Y		B/W		Y		Y			Y	Y	Y	
Smoked Chicken Wings - Classic	Y	Y				Y		Y					Y	
Smoked Chicken Wings – Hickory BBQ	Y	Y				Y		Y					Y	
Smoked Chicken Wings – Tangy sauce	Y	Y				Y		Y					Y	
Smoked Chicken Wings - Gochujang	Y	Y		MC - W		Y		Y		Y		Y	Y	
Smoked Chicken Wings – StarDust	Y	Y				Y		Y					Y	
Tupelo Dippers (sauces NOT included)	Y	Y		Y - W		Y							Y	

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<u>Legendary Burgers</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Original Legendary Burger with Fries	Y			W		Y		Y		MC		Y	Y	MC
BBQ Bacon Cheeseburger with Fries	Y			W		Y		Y		MC		Y	Y	MC
Moving Mountains Burger with Fries	Y			B/W/O		Y		Y		MC		Y		MC
Legendary smashed burger with Fries	Y	Y		B/W		Y		Y		MC		Y		MC
Classic Smash Burger & Fries	Y	Y		B/W		Y		Y		MC		Y	MC	MC
Spicy Diablo Burger & Fries	Y	Y		W		Y		Y		MC		Y		MC

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<u>Sandwiches</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Honey Mustard Grilled Chicken Sandwich	Y	Y		W		Y		Y		MC		Y	MC	MC
BBQ Pulled Pork Sandwich	Y	Y		W		Y		Y		MC		Y	Y	MC
Messi Chicken Sandwich		Y		W		Y		Y		MC		Y		MC
<u>Burger Subs</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Onion Rings (no sauces)				W				MC				MC		
Bacon														
Cheese & Bacon Fries		Y				Y		Y						

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<u>Salads</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Caesar Salad		Y	Y	B/W		Y		Y	MC			Y	Y	MC
Caesar Salad w/ Grilled Beef		Y	Y	B/W		Y		Y	MC			Y	Y	MC
Caesar Salad w/ Salmon / Chicken		Y	Y	B/W		Y		Y	MC			Y	Y	MC
Cobb Salad	Y	Y		W		Y		Y				Y	Y	
Cobb Salad w/ Grilled Beef	Y	Y		W		Y		Y		Y		Y	Y	
Cobb Salad w/ Salmon / Chicken	Y	Y	Y	W		Y		Y	MC	Y		Y	Y	MC
Side House Salad (<i>NO dressing</i>)				W		Y								
Southwest Bowl	Y	Y				Y		Y	MC					
Southwest Bowl w/Beef / Chicken	Y	Y		W		Y		Y	MC			Y	Y	
Southwest Bowl w/Salmon	Y	Y	Y			Y		Y	MC				Y	MC

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<u>Salad Dressings & FRY DIPS</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Blue Cheese Dressing		Y				Y		Y						
Caesar Dressing		Y	Y	Y-B		Y		Y	MC			Y	Y	MC
Honey Mustard Dressing		Y						Y						
Oil & Vinegar													Y	
Gochujang Sauce	Y			MC - W						Y		Y		
Legendary Sauce	Y	Y						Y						
Spicy Mayonnaise		Y						Y				Y	Y	
Herb Aioli		Y						Y						
Buffalo Sauce														
Signature BBQ Sauce	Y							Y					Y	
Garlic Aioli		Y				Y		Y						
Ranch Dressing		Y				Y		Y				Y	Y	

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<u>Speciality Entrees</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hickory Smoked Ribs	Y	Y		MC (B/M)				Y					Y	
NY Strip Steak						Y							Y	
Famous Fajitas (with set, ALL incl. Veggie)				W		Y		Y				Y	MC	
Twisted Mac, Chicken and Cheese	Y			W		Y		Y						
Hickory Smoked Chicken	Y	Y		MC (B/M)				Y					Y	
Smokehouse BBQ Duo – Ribs & Pork	Y	Y		W				Y					Y	
Smokehouse BBQ Duo – Ribs & Chicken	Y	Y		MC (B/M)				Y					Y	
Smokehouse BBQ Duo – Pork & Chicken	Y	Y		W				Y					Y	
Smokehouse Trio Combo	Y	Y		W				Y					Y	
Grilled Salmon	Y		Y			Y		Y				Y	Y	
Tupelo Chicken Tenders (with Fries & sauce)	Y	Y		W		Y		Y					Y	

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<u>Subs & Side Items</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Sub House Salad (no dressing)	Y			W		Y								
Sub Caesar Salad		Y	Y	B/W		Y		Y	MC			Y	Y	MC
Side Twisted Mac and Cheese	Y			W		Y		Y						
Breaded Onion Ring (with sauce)	Y	Y		Y		Y		Y				Y	Y	
Side Queso Sauce						Y		Y						
Seasoned French Fries														
Side Golden Mashed Potatoes						Y								
Side Guacamole														
Side Cheese & Bacon Fries		Y				Y		Y						
Fresh Seasonal Vegetables	Y					Y							Y	

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Kids Meals	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Messi Kids Golden Chicken Sandwich	Y	Y		W		Y		Y		MC		Y		MC
Messi Kids Golden VEGETARIAN SANDWICH	Y	Y		W		Y		Y		MC		Y		MC
Messi X Kids Cheeseburger	Y	Y		W		Y		Y		MC		Y		MC
Messi X Kids VEGETARIAN Cheeseburger	Y	Y		W/B		Y		Y		MC		Y		MC
Kids Hot Dog	Y			W		Y		Y		MC		Y		MC
Kids Bacon CB	Y			W		Y		Y		MC		Y		MC
Kids Chicken Breast	Y					Y		Y						
Kids Vegetarian Grilled Chicken Breast	Y			W		Y		Y						
Kids Mac & Cheese	Y			W		Y		Y						
Kids Cavatappi Pasta	Y			W		Y		Y						
Kids Chicken Salad						Y								
Kids Vegetarian Chicken Salad				W		Y								
Kids Chicken Tenders	Y	Y		W		Y		Y					Y	
Kids Vegetarian Chicken Tenders	Y	Y		W		Y		Y					Y	
Kids - Seasonal Vegetables	Y					Y							Y	
Kids – Pizza Cheese				W		Y								
Kids – Pizza Peperoni				W		Y								
Kids – Golden Mashed Potatoes						Y								

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<u>Desserts & Kids Desserts</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hot Fudge Brownie		Y		W		Y						Y	Y	MC
Apple Cobbler		Y		W		Y								MC
Hot Fudge Sundae		Y				Y							Y	MC
Ice Cream, Chocolate		Y				Y								MC
Ice Cream, Vanilla		Y				Y								MC
Classic Cheesecake (Strawberry)		Y		O/W		Y			MC			Y		MC
Classic Shake		Y				Y								MC
Kids Thick Chocolate Shake		Y				Y						Y		MC
Kids Hot Fudge Sundae		Y				Y							Y	MC
Cola Float		Y				Y								MC
Kids Thick Vanilla Shake		Y				Y						Y		MC

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<u>Cocktails</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hurricane													Y	
Classic Caribbean Mojito													Y	
Passion Fruit Mai Tai													Y	A
Rhythm & Rose Mule													Y	
Bahama Mama													Y	C
Smoked Old Fashioned													Y	
Paloma														
Dirty Martini													Y	
Cosmopolitan													Y	
Whiskey Sour		Y												
Gin and Tonic														

* A = Almond * C = Coconut

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[illegible]

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<u>Local Beer</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Ayinger Helles				B										
Ayinger Dunkel				B										
Ayinger Pilsner				B										
Ayinger Weissbier				B/W										
Corona				B										
Ayinger Celebrator Munich Stout				B										
Clausthaler Alcohol Frei				B										
Lammsbrau Gluten Frei				B										
Ayinger Urweisse				B/W										
Ayinger Keller				B										
Erdinger Weissbier Alcohol Frei				B/W										

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<u>Local Wine</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Scavy Ray Prosecco													Y	
Madregale Terre di Chieti Bianco													Y	
Terre di Chieti Chardonnay													Y	
Mumm Grand Cordon													Y	
Emil Bauer Grauburgunder													Y	
Audimax Studier Riesling													Y	
Gerard Bertrand Naturalys Chardonnay													Y	
Stadler Rose													Y	
Hampton Water Rose													Y	

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Aulone San Giorgio Primitivo													Y	
Madregale Terre di Chieti Rosso													Y	
Domaine De La Baume Merlot													Y	
Palmberg													Y	
Gerard Bertrand Naturalys Merlot													Y	

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<u>Soft Drinks</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Americano coffee														
Cappucino						Y								
Latte						Y								
Iced Tea														
Hot Chocolate		y		Y		Y						Y		
Draught sodas														

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