

SPA
SOUND BODY™ BY HARD ROCK

rock  spa®



HARDROCKHOTELS.COM

This is more than a spa. It's an escape. A quest to push reset. Through our lineup of signature treatments and amenities, we stir the soul, relax the mind and rock the body.

retune yourself.

The Rock Spa® features four treatment rooms offering massages, body treatments, and facials. Each room includes a personal wardrobe and a safety deposit box to ensure guests' comfort and peace of mind.





 massage

massage

ASIA BLEND MASSAGE

A powerful and firm body massage using hands, elbows and forearms. Restores peak performance for stressed muscles and will increase the lymphatic flow and circulation of the body to release muscle tension and alleviate fatigue. Combination of the ancient Ayurvedic healing and Balinese deep tissue techniques to restore your energy.

60 minutes | 90 minutes

SERENITY MASSAGE

Originating from Hawaii, this gently firm massage is deeply revitalizing. Our therapists use full body techniques, applied with rhythmic movements using thumbs, palms, and elbows. This treatment creates a state of relaxation and overall well-being.

60 minutes | 90 minutes

CLASSIC SWEDISH RENEWAL MASSAGE

Europe isn't the only good thing to come out of Sweden. This traditional massage is designed to relieve stress by using long strokes with light to medium pressure to soothe sore muscles, leaving your body, mind and spirit relaxed and ready to rock.

60 minutes | 90 minutes





body

REVIVAL SCRUB

Nourishing | Moisturizing | Exfoliating

Specifically designed to revive and nourish your senses, this journey begins with an aromatic full-body rice milk scrub exfoliation and concludes with an application of hydrating moisturizer to leave your skin soft and smooth.

FLY AWAY SCRUB

Anti-aging | Exfoliating | Brightening

A blend of green tea and grape seed oil that acts as a gentle exfoliator and collagen booster, buffing away dead skin cells, resulting in brighter and smoother skin. The Fly Away Scrub lightens scars and is packed with anti-aging benefits.
60 minutes

CELLULITE SCRUB

Revitalizing | Lightening | Firming

Caffeine content improves collagen production that lightens and tightens skin, while goat milk contains vitamins that are necessary to repair damaged skin tissue. This scrub helps with reducing stretch marks and promotes a healthier and radiant skin.
60 minutes



mini's

RELAX YOUR FEET

Balance your body by focusing on your feet to stimulate the body's energy points.

30 minutes | 60 minutes

WE'VE GOT YOUR BACK

Realign tight, strained muscles with this deep muscle massage - a quick relief for back pain and discomfort.

30 minutes | 60 minutes

MINI HEAD MASSAGE

Pressure points on the scalp relieve tension throughout the body. An Indian head massage completes the experience.

30 minutes | 60 minutes

EXPRESS YOURSELF FACIAL

This 30-minute personalized mini-revival facial includes cleansing, exfoliation, and moisturizer. Add 30 minutes for double cleansing and facial mask to amplify your session. It's a perfect treat for those on-the-go.

30 minutes | 60 minutes





packages

THE DESARU DOSE

Scrub | Asia Blend Massage

Get pampered with a rice scrub (45 minutes), followed by our Asia Blend Massage which is a combination of Sports and Balinese techniques (75 minutes).
120 minutes

THE COAST ENERGIZER

Scrub | Asia Blend Massage | Facial

Created from a traditional recipe, our energizer treatment will moisturize, and rejuvenate skin while you enjoy an aromatherapy massage. It starts with anti-cellulite scrub (40 minutes), followed by Asia Blend Massage (80 minutes), and is completed with a beautiful facial treatment (60 minutes).
180 minutes

ROCK N ROLL (SINGLE) | ROCK N ROLL (COUPLE)

Scrub | Balinese Massage | Facial

You're heartily enjoying comfortable silence while being pampered by a professional therapist. You'll find that after the therapy you'll be able to reconnect and increase affection. Your quality time will typically start with a ginger scrub (40 minutes), followed by Balinese Massage (80 minutes), and conclude with a beautiful mini facial (30 minutes).
150 minutes



sweet child 'o' mine

SAIL TO THE MOON

Body Massage

The healing power of touch and manipulation of soft tissues intended to promote health and well-being for children and adolescents. Reap benefits such as better sleep, less anxiety, and a stronger immune system.

60 minutes

TUTTI FRUTTI

Facial

A formulated oat cleanser cream containing ultra-gentle micellar that safely cleanses dirt, leaves the skin moisturised, soft, and glowing.

45 minutes

STRAWBERRY FIELDS FOREVER

Foot Massage

Who doesn't love a foot rub? With nourishing strawberry lotion, this is not to be missed after a day of playing hard.

30 minutes



family time

FATHER AND SON CHILL OUT

Massage | Foot Reflexology | Indian Head Massage

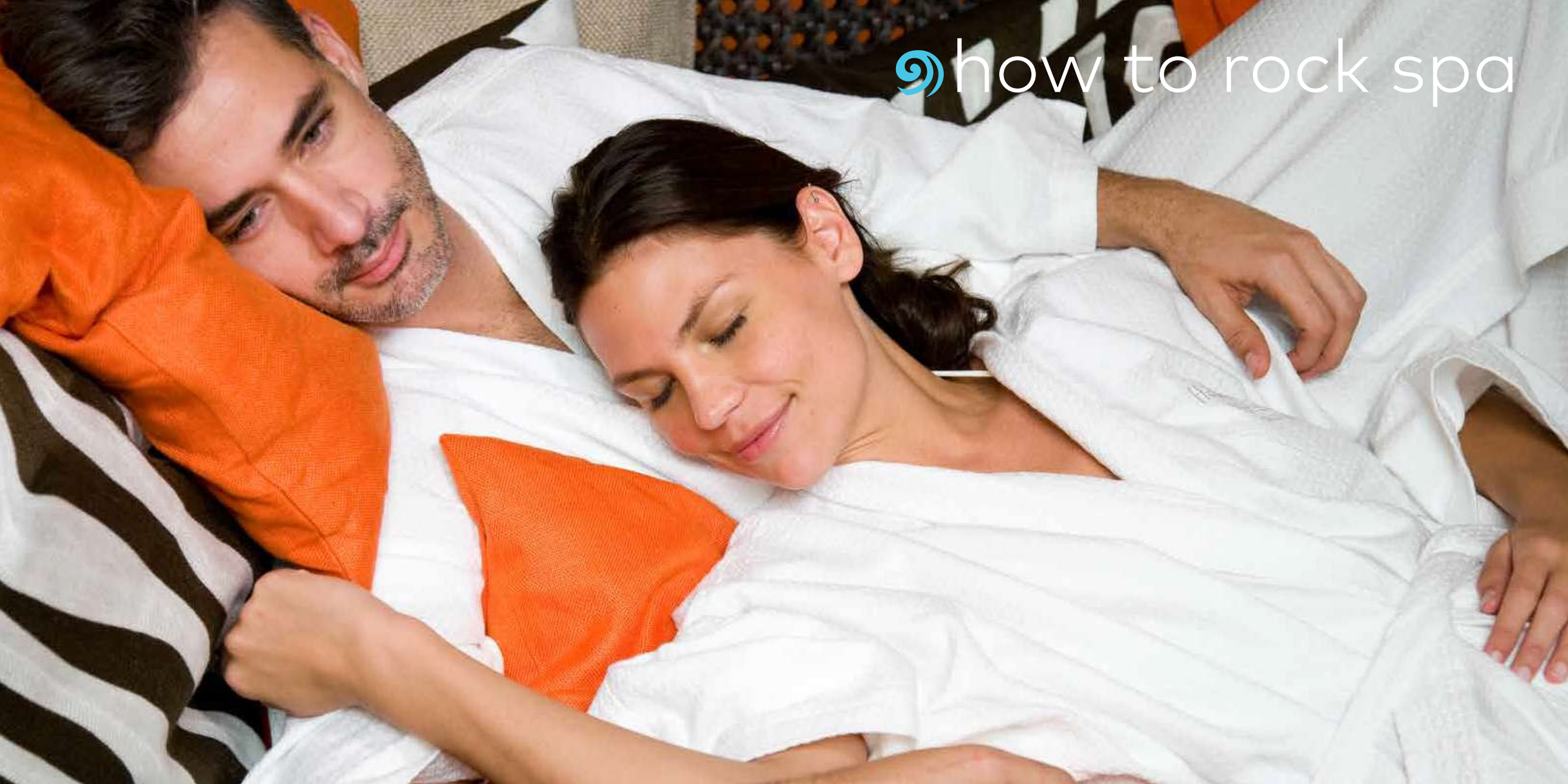
It gives you 90 minutes of valuable time together. Your professional therapists will expertly stroke and gently knead your muscles until every ounce of stress is banished from your body. Go on dad – indulge in some quality time with your junior! 90 minutes

MOTHER AND DAUGHTER NEW BEAUTY RITUAL

Massage | Indian Head Massage | Mini Facial

Mother-Daughter pampering treat, spoilt in a rhythm of Hawaiian massage. A relaxing, gentle massage using long and flowing dancing strokes for a 90-minutes session, finished with a calming organic aloe vera facial. 90 minutes



A man and a woman are lying in a bed, wrapped in white towels. The man is on the left, looking towards the camera with a slight smile. The woman is on the right, resting her head on an orange pillow and looking down. They are surrounded by orange and striped pillows. The text "how to rock spa" is overlaid in the top right corner.

 how to rock spa

how to rock spa

ETIQUETTE

We invite you to arrive at Rock Spa® at least 15–20 minutes prior to your scheduled spa service to provide you with sufficient time to change, shower and steam if necessary. A robe, slippers, and a locker will be provided upon your arrival.

All our therapists are skilled and dedicated to always ensure your complete comfort and privacy. In order for us to help you with this, please fill in the pre-assessment form provided.

If at any point a therapist feels a client is behaving inappropriately, he or she is authorized to stop treatment immediately.

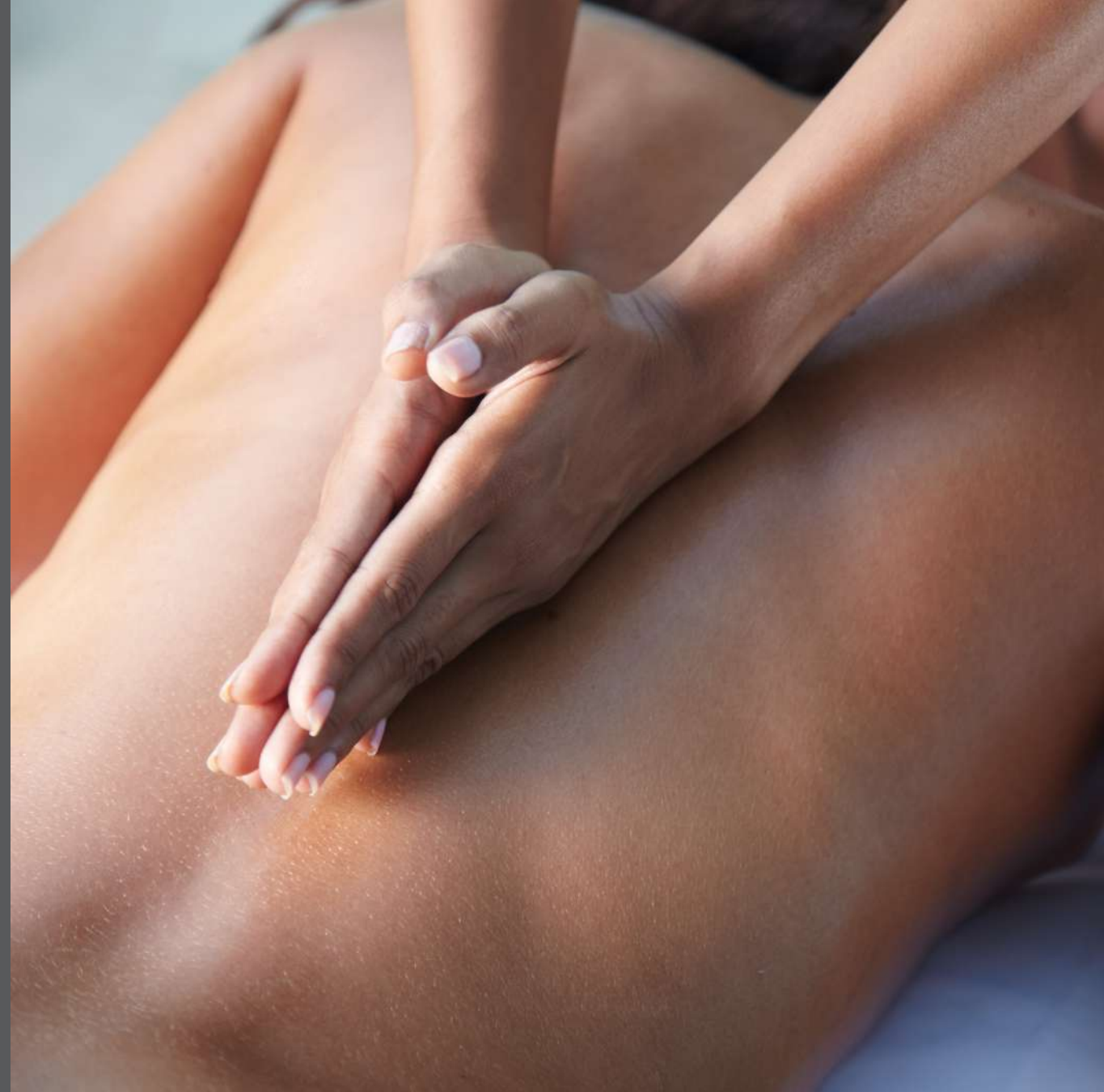
We ask that you do not bring phones, tablets, jewelry, and any valuables or restricted items into the Rock Spa®.

SPECIAL ATTENTION

Please inform our receptionist if you are pregnant, have high blood pressure, allergies or injuries, or if you've recently undergone any surgery or cosmetic procedure.

YOUNG GUESTS

Guests below 16 are to be accompanied by a parent, and a guardian's consent form. must be signed.





10am to 10pm
rockspa@hrhdesaru.com
607.838.8888

RESERVATIONS

For maximum convenience and flexibility, we recommend you schedule your spa sessions in advance. All appointments must be guaranteed with a credit card. Children and young adults, ages 16 and below, may schedule spa appointments with their parents or guardian present during the treatment.

CANCELLATIONS

Because spa services are scheduled specifically for you, we ask that you provide four (4) hours advanced notice, should you need to change or cancel your appointment. After that, a cancellation fee of 50% of your treatment price applies. However, for cancellations with less than one hour's notice, including missed appointments, the full price of your treatment will be charged.

Kindly note that a late arrival may also reduce your scheduled treatment time as we need to accommodate other guests with appointments.