

rock  om

SOUND BODY™ BY HARD ROCK

body  rock

Aug. 24th to 30th
Del 24 al 30 de Agosto

Time: Hora:	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado	Sunday Domingo
08:30		Yoga At Yoga Temple	Yoga At Terraza azul	Yoga At Yoga Temple			HIIT Sunrise At Bodyrock 7:00AM
10:00	Functional Training At Bodyrock		Spinning At Bodyrock	Shadow Kickboxing At Yoga Temple		Functional Training At Bodyrock	Spinning At Bodyrock

DON'T MISS OUT ON YOUR BODY ROCK, **LIMITED AVAILABILITY!**

BOOK YOUR CLASSES AT **BODY ROCK** OR CALL US AT EXTENSION **4067**.

¡NO TE QUEDES SIN LUGAR, **CUPO LIMITADO!**

RESERVA TUS CLASES EN **BODY ROCK** O LLAMANOS A LA EXTENSIÓN **4067**.

BODY ROCK ABIERTO TODOS LOS DÍAS DE 6AM A 6PM

BODY ROCK OPEN EVERY DAY FROM 6AM TO 6PM